

Boost 'em Before You Buckle 'em

Children's Activity

Dear Preschool, Kindergarten, or Child Care Instructor:

Traffic crashes are the leading cause of death to kids. One reason is that most kids ride unbuckled or improperly restrained. Even the most safety-conscious parents often are not aware of the need for booster seats or the danger their children face when improperly restrained in adult seat belts. On a small child, the adult lap belt rides up over the stomach and the shoulder belt cuts across

the neck, which could cause serious or even fatal injuries. Help us get this message to kids and parents.

Please use this song and maze to help children understand why booster seats are important to keep them safe. Once the lesson is complete, please send this page home so parents can read the valuable information below. If you need any more information, please visit our website at www.nhtsa.dot.gov. Thank you.

“Riding In A Booster, Makes the Seat Belt Fit Me”

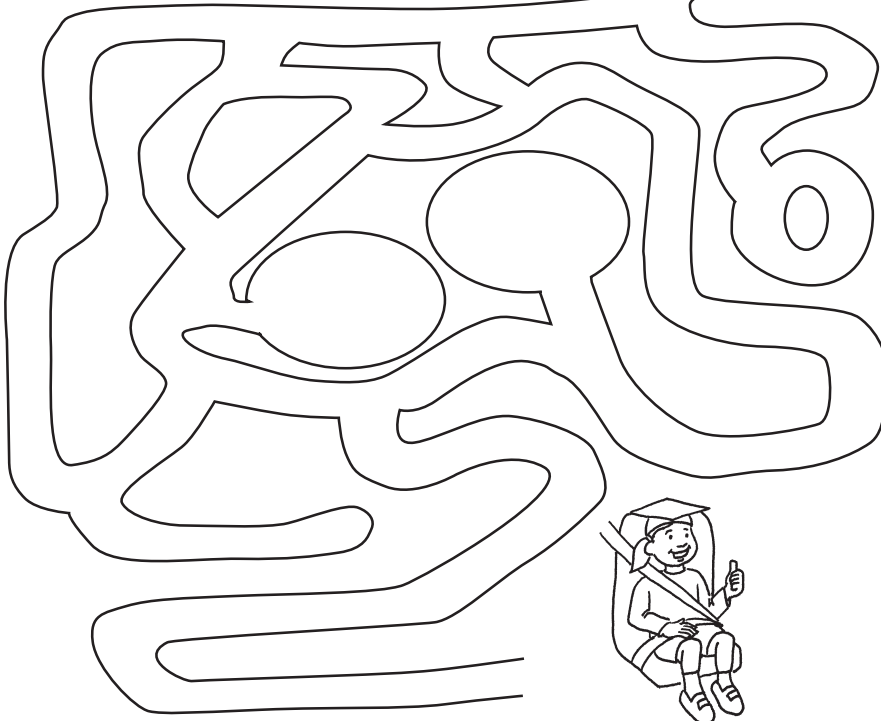
(To the tune of “Where is Thumbkin?”)

Where is Amy?
Where is Amy?
Here I am. Here I am.
Riding in a booster
Makes the seat belt fit me
Safe and snug, safe and snug.

I am Amy.
I am Amy.
I’m big now. I’m big now.
’Cause I’m in a booster
And the seat belt fits me
I can see, I can see.

Graduation Day!

Now that Amy has outgrown her forward-facing child safety seat, help her into her big girl booster seat.



Dear Parents,

Children outgrow forward-facing child safety seats when they reach about 40 lbs. **It is critical that until children are about 4’9” tall and 80 lbs., they must be properly buckled in booster seats** that lift them so the adult seat belt fits them correctly and safely. On a small child, the adult lap belt rides up over the stomach and the shoulder belt cuts across the neck. In a crash, this could cause serious or even fatal injuries. Child safety seats, including boosters, are very effective in protecting children in crashes. All children age 12 and under should sit properly restrained in the back seat. Don’t take the chance.
Boost 'em before you buckle 'em.